

Columbia School District No. 206

January 2021 Breakfast Menu

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.
All Grain items are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Whole Grain Cereal Yogurt Cup Fruit Juice Fruit Choice	5 Breakfast pizza Fruit Juice Fruit Choice	6 Whole Grain Cereal Yogurt Cup Fruit Juice Fruit Choice	7 Bagel w/ toppings Fruit juice Fruit choice	8 Whole Grain Cereal Yogurt Cup Fruit Juice Fruit Choice
11 Whole Grain Cereal Yogurt Cup Fruit juice Fruit Choice	12 Breakfast bites Fruit juice Fruit choice	13 Whole Grain Cereal Yogurt Cup Fruit Juice Fruit Choice	14 Breakfast bar Fruit juice Fruit choice	15 Whole Grain Cereal Yogurt Cup Fruit Juice Fruit Choice
18 No school Martin Luther King Jr. Day	19 Breakfast burrito Fruit juice Fruit choice	20 Whole Grain Cereal Yogurt cup Fruit juice Fruit Choice	21 Breakfast breadstick Fruit juice Fruit choice	22 Whole Grain Cereal Yogurt Cup Fruit juice Fruit Choice
25 Whole Grain Cereal Yogurt Cup Fruit Juice Fruit Choice	26 Breakfast sandwich Fruit juice Fruit choice	27 Whole Grain Cereal Yogurt cup Fruit juice Fruit Choice	28 Pancakes & sausage Fruit juice Fruit choice	29 Whole Grain Cereal Yogurt Cup Fruit juice Fruit Choice

Website: columbia206.com

This institution is an equal opportunity provider

Meals are subject to change due to delivery



Columbia School District No. 206

January 2021 Lunch Menu

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk. All Grain items are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 White chicken chili Maple bar Glazed carrots Fruit choice	5 Dutch waffle Strawberries Omelet w/ salsa Potato wedges	6 Hot ham & cheese on a bun Broccoli & cauliflower Fruit choice	7 Super nachos Refried beans Romaine lettuce Salsa Fruit choice	8 Chicken cesar salad Cheesy breadstick Fruit choice
11 Monster fries w/w roll Celery w/ ranch Fruit choice	12 Chicken crispito Romaine lettuce SW lentils Tomato salsa	13 Popcorn chicken Baked beans Coleslaw Baby carrots Fruit choice	14 Spaghetti w/ meat sauce Garlic bread Green beans Salad Fruit choice	15 Cheeseburger lettuce/tomato slice Oven fries Fruit choice
18 No school Martin Luther King Jr. Day	19 Taco salad Tortilla chips Refried beans Red bell pepper Fruit choice	20 Pulled pork on a bun Oven fries Coleslaw Fruit choice	21 Chicken parm pasta w/w roll Salad Fruit choice	22 Pepperoni pizza Tossed salad Cucumber slices Cherry tomato Fruit choice
25 Chicken quesadilla Tortilla chips w/ salsa Refried beans Fruit choice	26 Chicken nuggets Oven fries Seasoned corn Garden salad Fruit choice	27 Turkey & cheese sub Dark green leaf lettuce Tomato slice Carrot sticks Fruit choice	28 Koren street tacos Brown rice Steamed broccoli Fruit choice	29 Cheeseburger lettuce/tomato slice Oven fries Fruit choice

Website: columbia206.com

This institution is an equal opportunity provider

Meals are subject to change due to delivery

