

# Columbia School District No. 206

## May 2023 Breakfast Menu

PLEASE NOTE: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk.  
All Grain items are Whole Grain Rich.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Whole Grain Cereal Yogurt Fruit Choice	2 Egg and Toast Fruit Choice	3 Whole Grain Cereal Yogurt Fruit Choice	4 Omelet and Toast Fruit Choice	5 Friday Smoothie Day Grain Choice
8 Whole Grain Cereal Yogurt Fruit Choice	9 Breakfast sandwich Fruit Choice	10 Whole Grain Cereal Yogurt Fruit Choice	11 Oatmeal Fruit Choice	12 Friday Smoothie Day Grain Choice
15 Whole Grain Cereal Yogurt Fruit Choice	16 Breakfast on a stick Fruit Choice	17 Whole Grain Cereal Yogurt Fruit Choice	18 Breakfast Burrito Fruit Choice	19 Friday Smoothie Day Grain Choice
22 Whole Grain Cereal Yogurt Fruit Choice	23 Yogurt Parfait with fruit	24 Whole Grain Cereal Yogurt Fruit Choice	25 Eggs and Toast Fruit Choice	26 Friday Smoothie Day Grain Choice
29 NO SCHOOL	30 Oatmeal Fruit Choice	31 Whole Grain Cereal Yogurt Fruit Choice		

Website: [columbia206.com](http://columbia206.com)

This institution is an equal opportunity provider

Meals are subject to change due to delivery

